

Psyc 405: History/Systems of Psychology  
Unit 1: Chapter 1

**Overview of Course & Procedures  
(Start or End)**

I. Why study the History of Psychology?

“Capstone” - examination of your major field  
Understand field as a “whole” rather than in  
pieces

---

---

---

---

---

---

---

---

II. “Ancient” roots of Psychology (Philosophy)

- \* Greeks: Socrates, Plato, Aristotle
- \* Chinese: Importance of mental processes,  
balance
- \* Romans: Paul, Augustine
  
- \* Common themes:
  - relations between mental and physical
  - motivation and emotions
  - consciousness; introspection

---

---

---

---

---

---

---

---

II. “Modern” Psychology

empirical, experimental, “scientific” approach  
(Psychology is “born” in mid/late 1800’s)

III. History’s Methodology and Data

papers, letters, correspondence, interviews  
bias in reports

lost materials/suppressed information

**Re**construction and “mistakes”

---

---

---

---

---

---

---

---

IV. How Historical Contexts Shaped Psychology

- \* "Zeitgeist" (trends)
- \* Social/economic conditions
- \* Political climate (national & global)
- \* Technology and science
- \* Calls for diversity (current?)

Etc....

---

---

---

---

---

---

---

---

V. Theories, and Schools of Thought

- \* Personalistic vs. Naturalistic Views of Progress
- \* The "Schools of Thought" (organizing theme)

Rest of Term:

Weekly Writing Assignments – connect course content to your Project Topic

- Chap 2 **OR** 3 (do NOT need both) due May 18
- Start your paper with "My topic is \_\_\_\_\_..."

---

---

---

---

---

---

---

---